

ACTION for Healthy Communities

Health Issues

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Health Issues

Health and the availability of quality care is a primary concern in any community. The assessment looked at the availability of health care locally.

In telephone and face-to-face surveys, more than 80 percent of respondents said they have a regular source of health care, and 73 percent see a private doctor for their health care. Seventy percent of telephone respondents had seen their doctor in the past year.

Three of four phone-survey respondents indicated having a regular source of dental care, but only 26 percent of seniors and 39 percent of Latinos said the same. Seventy-two percent of adult respondents said they have had a dental check-up within the past year. Seventy-seven percent say their children have been to the dentist in the past year.

Fifty-nine percent of phone survey respondents said they are "very satisfied" with their healthcare - the same as in 1999. The proportion of dissatisfied respondents increased slightly, from seven percent to 10 percent. One in eight county residents said they had needed health care in the past year and had not been able to afford it. For Latinos, the proportion was one in five; for those with income under \$15,000, one in four. Nearly one in three community survey respondents said the same.

Eighty-eight percent of phone respondents said they had health insurance, which is about the same as in 1999. Coverage among Latinos rose from 61 percent to 72 percent. The degree of health coverage, however, may be dropping, as fewer respondents reported having dental and substance-abuse treatment coverage in 2001 than in 1999.

While overall concern about the use of drugs and alcohol remains high (46% of phone-survey respondents said "very concerned," compared to 42% in 1999), concern about abuse at school has declined substantially. Among parents of high schoolers, those saying "very concerned" dropped from 41 percent to 29 percent; among parents of middle schoolers, the drop was from 26 percent to 8.5 percent.

One in eight residents report smoking cigarettes "everyday." Another four percent smoke "some days." Nearly two-thirds of smokers have quit smoking for at least one day in the past year.

Forty-five percent of adults report not drinking on a weekly basis (down from 51 percent in 1999). The proportion of frequent drinkers (6 or more drinks weekly) was unchanged at 17 percent.

Fewer than seven percent of phone-survey respondents said they have been diagnosed with diabetes. Of those, more than half check their blood-sugar level at least once a day. Eleven percent have been diagnosed with asthma; half use medication to control the condition.

An important Indicator of health in a community is that community's own perception of their health. When asked about their state of health, more than two-thirds of residents said they are in "excellent" or "very good" health. Thirty percent cited "excellent" health, up from 21 percent in 1999.

Residents also feel healthy emotionally. Nearly three in four phone-survey respondents said their mental health was "excellent" or "very good."

In terms of preventive health, more than half of telephone respondents reported that they exercise five or more days a week. Two-thirds of women said they have had a mammogram.

D1 Physical Health



Telephone Survey Results

Would you say that, in general, your physical health (including physical illness and injury) is:

Response	1999		2001	
	Number	Percent	Number	Percent
Excellent	114	21.0	241	30.0
Very Good	223	41.0	310	38.6
Good	144	26.5	187	23.3
Fair	46	8.5	53	6.6
Poor	17	3.1	13	1.6
Total	544	100.0	804	100.0

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Survey.

D2 Source of Primary Health Care



Telephone Survey Results

Do you have a regular source of primary health care?

Response	1999		2001	
	Number	Percent	Number	Percent
Yes	454	83.8	620	79.8
No	88	16.2	157	20.2
Total	542	100	777	100



Telephone Survey Results

If yes, where do you go?

Response	Number	Percent
Private Doctor	332	73.1
Medical Clinics	154	33.9
Emergency room	33	7.3
Total	519	114.3

Note: Multiple response question- 454 respondents offered 519 responses.

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Survey.

D3 Last Routine Check Up



Telephone Survey Results

How long has it been since you last visited a doctor for a routine check up?

Response	1999		2001	
	Number	Percent	Number	Percent
Within the past year	389	71.6	559	69.8
1 - 2 years	81	14.9	124	15.5
3 - 5 years	39	7.2	70	8.7
More than 5 years ago	27	5.0	41	5.1
Never	7	1.3	7	0.9
Total	543	100.0	801	100.0



Response Percentages, by Respondent Type

Respondent	Within the Past Year	1-2 Years	3-5 Years	More than 5 Years	Never
Respondents with income less than \$15,000	65.8	19.0	12.7	2.5	0.0
Seniors 55 and Older	87.4	8.1	2.2	2.2	0.0
Latino	60.5	20.9	11.6	5.8	1.2
North County	73.1	13.4	7.1	5.1	1.2
North Coast	69.2	18.2	7.0	5.6	0.0
San Luis Obispo	60.3	18.3	15.1	5.0	1.4
South County	76.9	12.9	4.8	4.8	0.5

Source: 2001 ACTION for Healthy Communities, Telephone Survey.

D3 Last Routine Check Up, continued

Telephone Survey Results

How long has it been since any of your children visited a doctor for a routine check up?

Time since last visit	Responses	Percent
Within past 6 months (since August 2000)	129	70.1
from 6 months to 1 year ago	43	23.4
more than 1 year ago	12	6.5
Total	184	100

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Survey.

D4 Satisfaction with Medical Care



Telephone Survey Results

How satisfied are you with your medical care?

Response	1999		2001	
	Number	Percent	Number	Percent
Very satisfied	315	59.3	446	59.4
Somewhat satisfied	177	33.3	229	30.5
Not at all satisfied	39	7.3	76	10.1
Total	531	100	751	100

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Survey.

D5 Inability to Receive Medical Care



Telephone Survey Results

Have you or a member of your household needed health care in the past year and been unable to receive it because you could not afford it?*

Response	1999		2001	
	Number	Percent	Number	Percent
Yes	54	9.9	100	12.4
No	489	90.1	706	87.6
Total	543	100	806	100

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Survey.

** added in 2001 survey; answers may not be comparable*



Responses, by Respondent Type

Respondent	Yes	No
Respondents with income less than \$15,000	25.6%	74.4%
Seniors 60 and Older	6.7%	93.3%
Latino	20.0%	80.0%

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Survey.

D6 Mental Health



Telephone Survey Results

Would you say that in general your mental health (which includes stress, depression and problems with emotions) is:

Response	1999		2001	
	Number	Percent	Number	Percent
Excellent	141	25.9	296	36.9
Very Good	253	46.5	297	37.0
Good	115	21.1	159	19.8
Fair	30	5.5	42	5.2
Poor	5	0.9	8	1.0
Total	544	100	802	100

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Survey.

D7 Mental Health Cost



Telephone Survey Results

Have you ever felt the need to talk to a mental health professional but have not had the money or insurance to do so?

Response	Number	Percent
Yes	60	7.5
No	741	92.5
Total	801	100

Source: 2001 ACTION for Healthy Communities, Telephone Survey.

D8 Mental Health Outpatients Clients

San Luis Obispo County, Mental Health Outpatients Clients Served, by Age

Age	1995-1996	1996-1997	1997-1998	1998-1999	1999-2000
1 - 17	840	996	1,061	927	1,153
18 – 54*	1,912	1,834	1,751	1,866	2,345
Over 55*	254	247	238	233	164
Total	3,006	3,077	3,050	3,026	3,662

*1999 Figures represent age groups of 18-59 and 60-plus.

Source: San Luis Obispo County, Mental Health Department, 2001.

San Luis Obispo County, Mental Health Outpatients Clients Served, by Gender

Gender	1995-1996	1996-1997	1997-1998	1998-1999	1999-2000
Female	1,472	1,505	1,548	1,519	1,945
Male	1,533	1,569	1,502	1,507	1,717
Total	3,006	3,077	3,050	3,026	3,662

Source: San Luis Obispo County, Mental Health Department, 2001.

San Luis Obispo County, Mental Health Outpatients Clients Served, by Ethnicity

Ethnicity	1995-1996	1996-1997	1997-1998	1998-1999	1999-2000
Caucasian	2,460	2,568	2,538	2,535	2,977
African American	98	96	98	90	105
Hispanic	341	321	328	326	415
Native American	31	20	25	22	40
Asian / Pacific Islander	34	32	30	28	43
Other/Unknown	42	40	31	35	82
Total	3,006	3,077	3,050	3026	3,662

Source: San Luis Obispo County, Mental Health Department, 2001.

Patients Committed for Involuntary Emergency Brief Hospitalizations – 5150's

	1995-1996	1996-1997	1997-1998	1998-1999	1999-2000
Number Committed	714	645	748	591	734

Source: San Luis Obispo County, Mental Health Department, 2001.

D9 Regular Source of Dental Care



Telephone Survey Results

Do you have a regular source of dental care?

Response	1999		2001	
	Number	Percent	Number	Percent
Yes	409	75.3	594	74.8
No	134	24.7	200	25.2
Total	543	100	794	100



Responses, by Respondent Type

Respondent	1999		2001	
	Yes	No	Yes	No
Respondents with income less than \$15,000	43.6	56.4	41.5	53.7
Seniors 60 (65 in 2001) and older	73.9	26.1	71.9	27.5
Latino	61.0	39.0	58.1	37.2

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Survey.

D10 Last Dental Check Up



Telephone Survey Results

How long has it been since you visited a dentist for a routine check up?

Time since last visit	Number	Percent
Within the past year	565	71.7
1-2 years	116	14.7
3-5 years	64	8.1
More than 5 years ago	34	4.3
Never	9	1.1
Total	788	100



Telephone Survey Results

How long has it been since any of your children visited a dentist for a routine check up?

Time since last visit	Number	Percent
Within the past year	135	77.1
1-2 years	12	6.9
3-5 years	2	1.1
More than 5 years ago	3	1.7
Never	23	13.1
Total	175	100

Source: 2001 ACTION for Healthy Communities, Telephone Survey.

D1 1 Sealants/Dental Education for Child(ren)



Telephone Survey Results

(Has your child / Have any of your children) ever had their teeth sealed by a dentist?

Response	Number	Percent
Yes	97	54.8
No	80	45.2
Total	177	100



Telephone Survey Results

In the past year, have you received any information, education, or training on how to take care of your child(ren's) teeth and gums, from a dentist, health class, or school?

Response	Number	Percent
Yes	124	70.9
No	51	29.1
Total	175	100

Source: 2001 ACTION for Healthy Communities, Telephone Survey.

D12 Health Insurance



Telephone Survey Results

Do you have health insurance?

Response	1999		2001	
	Number	Percent	Number	Percent
Yes	458	84.5	711	87.9
No	84	15.5	98	12.1
Total	542	100	809	100

Responses by respondent type

Response	1999		2001	
	Yes	No	Yes	No
Income less than \$15,000	70.2	29.8	73.2	26.8
Seniors 55 and older	91.2	8.8	94.3	5.7
Latinos	60.6	39.4	72.1	27.9

If no, why not?

1999

Response	Number	Percent
Too expensive	21	77.8
Already covered by Medi-Cal/Medicare/VA	2	7.4
Employer does not offer insurance	4	14.8
Total	27	100

If yes, does it cover:

Dental care

Response	1999		2001	
	Number	Percent	Number	Percent
Yes	318	70.4	427	60.9
No	134	29.6	274	39.1
Total	452	100	701	100

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Surveys.

D12 Health Insurance, continued

Mental health

Response	1999		2001	
	Number	Percent	Number	Percent
Yes	278	83.0	417	80.5
No	57	17.0	101	19.5
Total	335	100	518	100

Regular Physical Exams (Preventive Care)

Response	1999		2001	
	Number	Percent	Number	Percent
Yes	389	91.3	643	93.5
No	37	8.7	45	6.5
Total	426	100	688	100

*1999 wording was "Preventive care (physicals)"; results may not be comparable.

Substance Abuse Treatment

Response	1999		2001	
	Number	Percent	Number	Percent
Yes	235	86.4	335	76.8
No	37	13.6	101	23.2
Total	272	100	436	100

*2001 survey added the word "treatment"; results may not be comparable.

Prescriptions

Response	1999		2001	
	Number	Percent	Number	Percent
Yes	408	91.1	605	87.1
No	40	8.9	90	12.9
Total	448	100	695	100

Hospitalization

Response	1999		2001	
	Number	Percent	Number	Percent
Yes	440	98.4	685	98.7
No	7	1.6	9	1.3
Total	447	100	694	100

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Surveys.

D12 Health Insurance, continued

Dependent Spouse and Children

Response	1999		2001	
	Number	Percent	Number	Percent
Yes	326	77.6	465	73.0
No	94	22.4	172	27.0
Total	420	100	637	100

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Surveys.

D13 MediCal

Number of MediCal Recipients

	July 1996	July 1997	July 1998	July 1999	July 2000	July 2001	% Change 2000-2001
San Luis Obispo County	23,923	22,948	21,841	21,745	22,214	23,110	4.0

Source: California Department of Health Services; <http://www.dhs.ca.gov/admin/fidmb/mcss/RequestedData/files.htm>

D14 Exercise/Mammogram



Telephone Survey Results

How many days a week do you engage in physical activity (such as brisk walking or gardening) for a combined total of 30 minutes or more?:

Response	1999		2001	
	Number	Percent	Number	Percent
None	77	14.2	36	4.5
1-2 days	71	13.1	120	15.2
3-4 days	134	24.6	200	25.3
5 or more days	262	48.2	436	55.1
Total Respondents	544	100	792	100

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Surveys.



Telephone Survey Results

Have you ever had a mammogram?

Response	Number	Percent
Yes	263	66.8
No	131	33.2
Total	394	100

Source: 2001 ACTION for Healthy Communities, Telephone Survey.

Note: Asked only of women.

D15 Child Health and Disability Prevention

Child Health and Disability Prevention Program

CHDP Condition	Referrals 1996	Referrals 1997	% Difference
Behavioral/Developmental	85	86	1%
Nutritional/Growth	40	57	30%
Communicable Disease	2	9	77%
Integumentary (Skin)	9	15	40%
Eyes/Ears/Nose	318	320	1%
Neurological	1	3	66%
Respiratory	15	26	42%
Cardiovascular	16	15	-6%
Blood/Lymph	53	31	-42%
Gastrointestinal	1	7	86%
Endocrine	0	2	200%
Musculoskeletal	30	27	-10%
Genitourinary	51	42	-18%
Dental/Oral	919	906	-1%
Other	107	152	30%

Source: San Luis Obispo County Health and Disability Program Report 1996 & 1997.

Note: The statistics include children who were referred to a specialist or were scheduled to come back to their health care provider for additional diagnosis and treatment due to these prevalent problems. Department, 1999.

Note: Statistics taken from ACTION 1999 Data Report. Updated information not available.

D16 Immunization Levels

Child Care Students, All Centers

Enrollment and Immunization Status, Ages 2-5	California	San Luis Obispo County
Number of Students	430,136	2,717
Number of Schools	9,013	81
Percent with medical exemptions	.12	.22
Percent with personal exemptions	.64	6.74
Percent requiring follow-up	5.9	5.9
Percent requiring no follow-up	94.1	94.1

Child Care Students, Public Centers

Enrollment and Immunization Status, Ages 2-5	California	San Luis Obispo County
Number of Students	81,076	496
Number of Schools	1,921	20
Percent with medical exemptions	.10	.00
Percent with personal exemptions	.40	1.41
Percent needing one or more immunizations	5.6	4.6
Percent with all required immunizations	94.4	95.4

Child Care Students, Private Centers

Enrollment and Immunization Status, Ages 2-5	California	San Luis Obispo County
Number of Students	278,116	1,910
Number of Schools	5,587	49
Percent with medical exemptions	.14	.21
Percent with personal exemptions	.85	9.21
Percent needing one or more immunizations	6.3	5.7
Percent with all required immunizations	93.7	94.3

Child Care Students, *Head Start* Centers

Enrollment and Immunization Status, Ages 2-5	California	San Luis Obispo County
Number of Students	70,944	311
Number of Schools	1,505	12
Percent with medical exemptions	.05	.64
Percent with personal exemptions	.12	.00
Percent needing one or more immunizations	4.6	9.3
Percent with all required immunizations	95.4	90.7

Source: California Department of Health Services, **Immunization Levels in Child Care and Schools, 2000.**
<http://www.dhs.ca.gov/ps/dcdc/izgroup/pdf/ca00.pdf>

D16 Immunization Levels, continued

Kindergartners, County and State

% of kindergartners having immunizations up-to-date	1998	1999	2000
San Luis Obispo County	N/A	N/A	92.4
California	89.3	91.9	92.2

% of kindergartners having immunizations up-to-date at age 2	1995	1996	1997
Central Coast Region	62.9	63.9	66.6
California	14.6	13.0	11.3
Central Coast Rank (among 7 regions)	T4	1	1

Source: Statewide survey of 1,737 students from 174 schools sponsored by California Department of Health Services Immunization Branch, 2000; health records of kindergartners were examined to see how many children were up-to-date at age two; thus, a three-year time-lag in data (e.g. 1997 data were gathered from kindergartners in 2000).

<http://www.dhs.ca.gov/ps/dcdc/izgroup/pdf/ka00.pdf>; <http://www.dhs.ca.gov/ps/dcdc/izgroup/pdf/kertab00.pdf>.

D17 Smoking



Telephone Survey Results

Do you smoke cigarettes everyday, some days, or not at all?

Response	1999		2001	
	Number	Percent	Number	Percent
Everyday	49	9.0	100	12.4
Some days	44	8.1	31	3.9
Not at all	451	82.9	673	83.7
Total	544	100	804	100

**Note: Response choices in 1999 were "Always," "Sometimes" and "Never"; results may not be comparable.*

Source: 1999 & 2001 ACTION for Healthy Communities, Telephone Survey.

Youth Smoking (self-reported)

San Luis Obispo County (1999)	7th Grade	9th Grade	11th Grade
% smoked cigarettes at least once	10	31	44
% smoked cigarettes in past 30 days	6	17	23

Source: Healthy Kids Survey, 2001.

California (1997)	7th Grade	9th Grade	11th Grade
% smoked cigarettes at least once	9	24	41
% smoked cigarettes in past 30 days	7	13	21

Source: California Student Survey, 1999, as reported in California Healthy Kids Survey, 2001.

D18 Smoking, Attempt to Quit



Telephone Survey Results

In the past 12 months, have you:

Quit smoking for 1 day or longer?

Response	Number	Percent
Yes	88	67.2
No	43	32.8
Total	131	100

Note: Question asked only of those who indicated that they smoke “everyday” or “some days.”

Source: 2001 ACTION for Healthy Communities, Telephone Survey.



Telephone Survey Results

In the past 12 months, have you:

Attended any class or participated in any program to help you stop smoking?

Response	Number	Percent
Yes	11	8.4
No	120	91.6
Total	131	100

Note: Question asked only of those who indicated that they smoke “everyday” or “some days.”

Source: 2001 ACTION for Healthy Communities, Telephone Survey.

D19 Smoking Inside Home (Smokeless Tobacco, Pipe)

Telephone Survey Results

In the past 30 days has anyone, including yourself, smoked cigarettes, cigars, or pipes anywhere inside your home?

Response	Number	Percent
Yes	97	12.7
No	664	87.3
Total	761	100

Telephone Survey Results

Have there been any non-smokers present in your home while someone was smoking?

Response	Number	Percent
Yes	73	75.3
No	24	24.7
Total	97	100

Telephone Survey Results

Do you currently use any smokeless tobacco products, such as chewing tobacco or snuff?

Response	Number	Percent
Yes	18	2.4
No	744	97.6
Total	762	100

Telephone Survey Results

Do you currently smoke cigars or a pipe?

Response	Number	Percent
Yes	20	2.6
No	745	97.4
Total	765	100

Source: 2001 ACTION for Healthy Communities, Telephone Survey.

D20 Drug, Tobacco & Alcohol Abuse



Telephone Survey Results

How concerned are you about the following issues in your community? For each one, please answer "Very Concerned," "Somewhat Concerned," or "Not at all Concerned."

Drug, tobacco & alcohol abuse

Response	1999		2001	
	Number	Percent	Number	Percent
Very concerned	227	42.1	369	45.9
Somewhat concerned	208	38.6	278	34.6
Not at all concerned	104	19.3	157	19.5
Total	539	100	804	100



Telephone Survey Results

How serious would you say the alcohol and drug abuse problem is at your child's school – "Very Serious," "Somewhat Serious," or "Not at all Serious."

Elementary School

Response	1999		2001	
	Number	Percent	Number	Percent
Very serious	11	9.4	6	5.8
Somewhat serious	17	14.5	14	13.5
Not at all serious	75	64.1	71	68.3
Don't know	14	12.0	13	12.5
Total	117	100	104	100

Middle School

Response	1999		2001	
	Number	Percent	Number	Percent
Very serious	12	26.1	4	8.5
Somewhat serious	14	30.4	22	46.8
Not at all serious	16	34.8	11	23.4
Don't know	4	8.7	10	21.3
Total	46	100	47	100

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Surveys.

D20 Drug, Tobacco & Alcohol Abuse, continued

High School

Response	1999		2001	
	Number	Percent	Number	Percent
Very serious	24	41.4	23	28.7
Somewhat serious	24	41.4	40	50.0
Not at all serious	9	15.5	11	13.8
Don't know	1	1.7	6	7.5
Total	58	100	80	100

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Surveys.

D21 Alcohol Use



Telephone Survey Results

How many servings of alcohol do you generally drink in a week?

Response	1999		2001	
	Number	Percent	Number	Percent
None	279	51.4	358	44.8
1 to 2	104	19.2	171	21.4
3 to 5	65	12.0	129	16.1
6 or more	95	17.5	141	17.6
Total	543	100	799	100

Source: 1999 and 2001 ACTION for Healthy Communities, Telephone Survey.

Alcohol Consumption, National Comparisons

	1996	1997
Persons consuming alcohol in the last month	109,000,000	111,000,000
Percent of National Population	41.1	41.2
Persons engaged in Binge Drinking (5 or more drinks in a sitting)	32,000,000	32,000,000
Percent of drinkers engaged in Binge Drinking	29.4	28.8
Persons engaged in Heavy Drinking (Binge drinking more than 5 times in last month)	11,000,000	11,200,000
Percent of drinkers engaged in Heavy Drinking	10.1	10.1

Source: 1997 American Household Survey, National Clearinghouse for Drug and Alcohol Information and the Historical National Population Estimates, US Census Bureau, 1999.

Note: National Population counts used for the above percentages are: 1996 (265,189,794) and 1997 (267,743,595).

Note: Statistics taken from ACTION 1999 Data Report. Updated information not available.

D22 Student Self-Reports of Substance Use

Percent of Students Who Reported Using Each Substance Ever and in the Last 30 Days, by County and State

Behavior	7th Graders		9th Graders		11th Graders	
	SLO County (1999)	State (1997)	SLO County (1999)	State (1997)	SLO County (1999)	State (1997)
Drink Alcohol (ever)	26	25	59	50	73	70
Been Very Drunk (ever)	9	9	34	23	52	45
Use Inhalants (ever)	8	6	15	8	16	14
Smoke Marijuana (ever)	7	8	29	24	46	45
Drink Alcohol (last 30 days)	13	16	35	29	48	44
Drink 5 Drinks in a Couple of Hours (last 30 days)	4	6	21	13	33	26
Use Inhalants (last 30 days)	3	3	5	3	5	3
Smoke Marijuana (last 30 days)	3	8	17	18	25	26

Source: California Healthy Kids Survey, 2001.

National Comparisons - Use in last 12 months

SUBSTANCE	8th Graders	10th Graders	12th Graders	12th Graders
	1993	1993	1993	1996
Alcohol	26	42	51	---
Been Drunk	8	20	29	52
Marijuana	5	11	16	36
Cocaine	1	1	1	5
Stimulants	4	4	4	10
Inhalants	5	3	3	8
Nitrites	---	---	<1.0	2
Downers	---	---	1	5
Hallucinogens	1	2	3	10
PCP	---	---	1	3
Narcotics other than heroin	---	---	1	5

Source: "Monitoring the Future". Institute for Social Research, University of Michigan, 1993 and 1996.

Note: Statistics taken from ACTION 1999 Data Report. Updated information not available.

D23 Deaths by Leading Causes

San Luis Obispo County Age Adjusted Death Rates

Cause	1994-1996	1995-1997
All Deaths	411.7	402
Heart Disease	90.9	88.3
Malignant Neoplasms	119.2	113.9
Lung Cancer	36	33
Breast Cancer	21.7	20
Stroke	20.8	21.2
Unintentional Injury	29.1	29.5
Suicide	12.5	12.4
Homicide	3.6	3
Motor Vehicle	13.3	11.9
Firearm Injuries	8.5	8.3
Drug Related	9	9.6

California Age Adjusted Death Rates

Cause	1994-1996	1995-1997
All Deaths	454.2	439.9
Heart Disease	100.6	96.9
Malignant Neoplasms	115.9	113.3
Lung Cancer	31.8	31
Breast Cancer	19.7	18.9
Stroke	26.3	26.1
Unintentional Injury	26.6	29.3
Suicide	10.7	25.7
Homicide	11.8	10.6
Motor Vehicle	13.2	12.4
Firearm Injuries	15	13.5
Drug Related	8	7.9

Source: Health Data Summaries for California Counties, California Department of Health Services, 1998.

Note: Rate is per 100,000 people.

Note: Statistics taken directly from ACTION 1999 Data Report. Updated information not available.

D24 Suicides

Suicide Rate, 1990 - 1999

	1990-1992	1993-1995	1996-1998	1999
San Luis Obispo County Deaths (annual average)	N/A	15.3	12.9	11.3
San Luis Obispo County Age- adjusted suicide death rate	14.6	13.0	11.3	11.3
California Age- adjusted suicide death Rate	11.3	10.9	9.4	9.4

Source: Department of Health Services, Center for Health Statistics, 2000.

Note: Age-adjusted suicide rates are per 100,000 people.

D25 Reported Communicable Diseases

New Cases Diagnosed

Disease	1994	1995	1996	1997	1998	% Change 1997-1998
AIDS	44	42	52	13	19	46.2
Chlamydia	357	200	244	233	334	46.3
Cryptosporidiosis	1	0	2	0	0	--
E. Coli	5	5	2	4	2	-50.0
Giardia	47	36	51	58	52	-10.3
Gonorrhea	49	38	44	37	31	-16.2
Hepatitis A	21	19	19	25	9	-64.0
Hepatitis B	4	6	9	2	0	-100.0
Meningitis - Total	19	24	18	37	60	62.2
Pertussis	17	2	6	11	2	-81.8
Salmonellosis	28	45	43	35	33	33.3
Syphilis - Total	11	9	19	3	4	67.7
Tuberculosis	13	34	10	9	9	0.0

Source: San Luis Obispo County Public Health Department, "San Luis Obispo County Health Status Report" July 2000.

AIDS Cases and Cumulative Incidence (1981- July 2001)

AIDS Cases	Total Cases	Living Cases	Deceased Number	Deceased Percent	Incidence per 100,000	Statewide Rank
San Luis Obispo County	469	256	213	45%	191.3	42
California	122,107	47,420	74,687	61%	355.6	

Source: Department of Health Services, 2001; <http://www.dhs.ca.gov/ps/ooa/Statistics/pdf/Stats2001/July01stats.pdf>

D26 Infant Mortality Rate

Infant Death Rate, San Luis Obispo County and State

Infant Deaths	1992-1994	1993-1995	1994-1996	1995-1997
SLO County Annual Number of Infant Deaths (average)	19.0	17.0	13.7	12.7
SLO County Birth Cohort Infant Death Rate	7.1	6.4	5.2	5.0
California Birth Cohort Infant Death Rate	7.0	6.8	6.4	6.1
SLO County Statewide Rank	31	29	12	18

Note: Birth Cohort Infant Death Rate are per 1,000 live births.

Note: Because incidence levels, rates are calculated as rolling three-year averages

Source: Department of Health Services, 2001; <http://www.dhs.ca.gov/hisp/cbs/phweek/cprofile2001/cprofile2001.htm>

Infant Death Rate, San Luis Obispo County, by Ethnicity, 1995-1997

Infant Deaths	Asian/Other	Black	Hispanic	White
SLO County Annual Number of Infant Deaths (average)	0.3	0.0	2.7	9.7
SLO County Birth Cohort Infant Death Rate	4.0	0.0	3.8	5.6
California Birth Cohort Infant Death Rate	5.3	13.1	5.7	5.5
SLO County Statewide Rank	26	4	17	29

Note: Birth Cohort Infant Death Rate are per 1,000 live births.

Note: Because incidence levels, rates are calculated as rolling three-year averages

Source: Department of Health Services, 2001; <http://www.dhs.ca.gov/hisp/cbs/phweek/cprofile2001/cprofile2001.htm>

D27 Prenatal Care

Prenatal Care, San Luis Obispo County and State

	1994-1996	1995-1997	1996-1998	1997-1999
San Luis Obispo County percent Late or no prenatal care	20.5	19.7	18.6	17.1
California statewide percent Late or no prenatal care	20.9	19.5	18.4	17.4
SLO County statewide rank Late or no prenatal care	22	22	19	20
San Luis Obispo County percent Adequate/adequate plus prenatal care	76.0	80.3	81.4	83.8
California statewide percent Adequate/adequate plus prenatal care	68.6	67.1	70.5	75.0
SLO County statewide rank Adequate/adequate plus prenatal care	9	1	1	1

Source: Department of Health Services, Center for Health Statistics, 2001;
<http://www.dhs.ca.gov/hisp/cbs/phweek/cprofile2001/cprofile2001.htm>

Note: Because incidence levels, rates are calculated as rolling three-year averages.

Live Births by Trimester Prenatal Care Began, 1999 (percentages)

	First Trimester	Second Trimester	Third Trimester	None	Unknown	County Rank for Receiving Any Prenatal Care
San Luis Obispo County	83.0	13.4	1.9	0.4	1.2	17
California	82.2	13.0	2.5	0.6	1.6	NA

Source: Department of Health Services, Center for Health Statistics, 2001.
<http://www.dhs.ca.gov/hisp/cbs/OHIR/vssdata/1999Data/99Ch2Excel/2-33-99rJC.xls>

Note: The definition of adequate/adequate plus prenatal care includes mothers who initiated prenatal care visits recommended by the American College of Obstetricians and Gynecologists.

D28 Birth Weight

Birth weight for all births (percentages) San Luis Obispo County and State, 1999

	Under 1500 Grams	1500 - 2499 Grams	2500 - 3499 Grams	3500 - 4499 Grams	4500 Grams And Over	Unknown
San Luis Obispo County	1.1	3.9	49.7	43.9	1.5	0.0
California	1.1	5.0	52.8	39.4	1.7	0.0

Low birth weight births (as percentage of all births) San Luis Obispo County and State

	1995	1996	1997	1998	1999
San Luis Obispo County	4.6	5.5	5.4	4.6	4.9
California	6.1	6.1	6.1	6.2	6.1
San Luis Obispo Rank Among California Counties	51	31	33	51	41

Note: Low birthweight is less than 2,500 grams (5 lbs., 8 oz.).

Source: Dept. of Health Services, Center for Health Statistics, 2001.

<http://www.dhs.ca.gov/bisp/chs/OHIR/vssdata/1999Data/99Cb2Excel/2-22-99vJC.xls>

D29 Teen Birth Rate

Teen Births: San Luis Obispo County and California

Teen Births	1994-1996	1995-1997	1996-1998	1997-1999
SLO County Annual Number of Births (average)	264.3	254.7	249.0	245.0
SLO County Teen Birth Rate	32.2	29.5	27.9	30.3
California Birth Rate	66.6	61.7	57.2	53.6
SLO County Rank	4	4	7	11

Note: Birth Rate refers to the number of births to females, ages 15 – 19, per 1,000 women in that age group.

Note: Because incidence levels, rates are calculated as rolling three-year averages

Source: Department of Health Services, 2001; <http://www.dhs.ca.gov/bisp/chs/phweek/cprofile2001/cprofile2001.htm>

Teen Births by Age and Ethnicity, San Luis Obispo County, 2000

Ethnicity	10-14	15-17	18-19	Total
Caucasian	1	36	87	124
Hispanic	1	32	74	107
Other	0	5	8	12
Total	2	73	169	244

Source: California Department of Health Services, 2001.

D30 Concern With Child Abuse

Telephone Survey Results

How concerned are you about the following issues in your community? For each one, please answer "Very Concerned," "Somewhat Concerned," or "Not at all Concerned."

Child Abuse

Response	1999		2001	
	Number	Percent	Number	Percent
Very concerned	240	44.8	448	56.4
Somewhat concerned	158	29.5	213	26.8
Not at all concerned	138	25.7	133	16.8
Total	536	100	794	100

Source: 1999 & 2001 ACTION for Healthy Communities, Telephone Survey.

D31 Diabetes and Asthma



Telephone Survey Results

[If female, add: Other than during pregnancy], has a doctor ever told you that you have diabetes or sugar diabetes?

Response	Number	Percent
Yes	53	6.6
No	746	93.4
Total	799	100



Telephone Survey Results

About how many times per day, per week, or per month do you or a family member or friend check your blood for glucose or sugar?

Response	Number	Percent
1 time per day	11	22.9
More than 1 time per day	14	29.2
1 or more times per month	16	33.3
Never	7	14.6
Total	48	100



Telephone Survey Results

Has a doctor ever told you that you have asthma?

Response	Number	Percent
Yes	89	11.1
No	713	88.9
Total	802	100



Telephone Survey Results

Are you currently taking any medications to control your asthma, including an inhaler?

Response	Number	Percent
Yes	44	50.6
No	43	49.4
Total	87	100

Source: 2001 ACTION for Healthy Communities, Telephone Survey.

D32 Caregivers/Healthy Families Program

Telephone Survey Results

Are you the caregiver to a disabled child, disabled adult or older person?

Response	Number	Percent
Yes	64	8.5
No	693	91.5
Total	757	100

Telephone Survey Results

Have you ever heard of the Healthy Families Program?

Response	Number	Percent
Yes	96	51.6
No	90	48.4
Total	186	100

Note: Question asked only of those who have children age 14 or younger.

Source: 2001 ACTION for Healthy Communities, Telephone Survey.